

SOUTH FLORIDA NON-NATIVE ALL-STARS

TREES

Not including the tons of awesome fruits you already have

<i>Adansonia digitata</i>	baobab	Nuts, fruit, greens
<i>Bactris gasipaes</i>	peach palm	Staple fruit
<i>Bambusa spp.</i>	bamboo	Shoots, poles
<i>Caryodendron orinocoense</i>	inche	Nuts, oil
<i>Dendrocalamus spp.</i>	bamboo	Shoots, poles
<i>Faidherbia albida</i>	apple-ring acacia	Nitrogen
<i>Gnetum gnemon</i>	bago, jointfir	Greens, nuts
<i>Inocarpus fagifer</i>	Tahitian chestnut	Nuts, nitrogen
<i>Lecithys pisonis</i>	monkey pot	Nuts
<i>Moringa oleifera & M. stenopetala</i>	moringa	Greens, pods, oil

SHRUBS

Also many great multipurpose legumes for fodder, firewood, chop and drop mulch, etc. though many are naturalized: *Gliricidia*, *Leucaena*, *Flemingia*, *Calliandra*, etc.

<i>Abelmoschus manihot</i>	edible hibiscus	Greens
<i>Cajanus cajan</i>	pigeon pea	Beans
<i>Cnidoscolus chayamansa</i>	chaya	Greens
<i>Crotolaria longirostrata</i>	chipilin	Greens, nitrogen
<i>Manihot esculenta</i>	yuca	Tubers, greens
<i>Opuntia ficus-indica</i>	nopale	Fruit, pads
<i>Sauropus androgynus</i>	katuk	Greens
<i>Tithonia diversifolia</i>	giganton	“tropical comfrey”, mulch, insect nectary

VINES

<i>Dioscorea spp.</i>	yam	Tubers
<i>Lablab purpureus</i>	lablab bean	Beans, flowers
<i>Passiflora edulis</i>	passionfruit	Fruit

<i>Phaseolus lunatus</i>	"7 Year" lima bean	Beans, pods
<i>Psophocarpus tetragonobolus</i>	winged bean	Beans, pods, flowers, leaves, tubers, nitrogen
<i>Sechium edule</i>	chayote	Squash, greens, tubers
<i>Sphenostylis stenocarpa</i>	African yambean	Tubers, beans, greens, nitrogen

HERBS

Plus many useful shade loving ginger relatives

<i>Allium fistulosum</i>	Welsh onion	Scallions
<i>Allium tuberosum</i>	garlic chives	Greens
<i>Ananas comosus</i>	pineapple	Fruit
<i>Canna edulis</i>	achira	Tubers, shoots
<i>Capsicum chinense</i>	aji dulce, habanero	Sweet or hot peppers
<i>Colocasia esculenta</i>	taro	Tubers, greens
<i>Cymbopogon citratus</i>	lemon grass	Mulch, culinary
<i>Gynura crepioides</i>	Okinawa spinach	Greens
<i>Physalis peruviana</i>	goldenberry	Fruit
<i>Xanthosoma saggitifolium</i>	taioaba	Greens
<i>Zingiber officinale</i>	ginger	Spice, shoots

GROUNDCOVERS

Many other shade-loving legume groundcovers.

<i>Arachis pintoii</i>	forage peanut	Nitrogen
<i>Eryngium foetidum</i>	recao	Spice, insect nectary
<i>Ipomoea batatas</i>	sweet potato	Tubers, greens